

Quarantine Resources

- EN/DE

What to do on the internet in times of quarantine.

Hauptsächlich Englisch, aber auch Deutsch.

- [Communicating and Working from Home](#)
- [Covid-19 Infos](#)
- [Sewing Masks](#)
- [Learning, Entertainment and Free Stuff](#)

Communicating and Working from Home

Most of us are unused to working, keeping in contact with friends, and generally functioning while stuck at home. Here's a few things to help you make it work. Some Links for online learning are at [this page](#).

Communication Apps

There's a ton of communication apps out there. Which to use for which situation? This list is focused on voice and video chat

- [Skype](#): Everyone has it, works well.
- [Jitsi Meet](#): Easy video chat in the browser. Create room, share link, done.
- [Zoom](#): For bigger meetings and lectures and the like.
 - [Tips for safer Zoom meetings](#), Frame Shift Consulting
- [Mumble](#): Self-hosted, intended for gaming, works well as a hang-out-spot.
- [Discord](#): Also intended for gaming. Web and app frontend, voice and text chat.

Working From Home

- [How To Work From Home](#), Article by Luke Plunkett
- [COVID-19: Tips for working remotely](#), Article by Public Lab
- [People Who Regularly Work From Home Share Their Tips For First-Timers Due To COVID-19 Concerns](#), Article by Erica Diaz

Remote Teaching

- [Resources for Teaching Online](#) by Howard Rheingold
- [COVID-19: Responsive Teaching and Learning in Anthropology - A Two-Part Webinar Series](#)
- [Apps for Students With Special Needs—As School Buildings Shutter](#)

Deutsch

- [Blog von Leah Oswald](#), mehrere Artikel über Organisation, Online-Meetings
- [Lehre unter Besonderen Bedingungen](#), Leitfaden zur temporären Umstellung der Lehre auf Online-Formate vom Institut für Medienwissenschaft an der Ruhr-Universität Bochum

Covid-19 Infos

English

- [Epidemic Calculator](#): Interactive tool to model different paths for the pandemic spread.
- [Coronavirus Disease \(COVID-19\) – Statistics and Research, Our World in Data](#)
- [Are.na / Francis Tseng / state of emergency](#): things we allegedly can't have except that we can
- [Daily new confirmed cases of COVID-19](#)
- [How many tests for COVID-19 are being performed around the world?](#)
- [Buzzfeed: Everyone In Iceland Can Get Tested For The Coronavirus. Here's How The Results Could Help All Of Us.](#)
- [Caroline Criade Perez about Gender and Coronavirus](#)
- [Twitter Thread from @jeannieccrowley](#): It might be tempting to trade privacy/security/data for virus tracking, but historically when folks (usually white/cis/able bodied) decided price was "worth it", they weren't the ones paying the price. Thread on all the times marginalized groups paid the price without being asked ([Threadreader](#), [direct link](#))
- [Twitter Thread from @SaalaJeng](#): What do feminists have to say on [#COVID19](#). A thread on Resources from (mostly) Global South thinkers. ([Threadreader](#), [direct link](#))
- [Twitter Thread from @J_CD_T](#): Might the death toll from covid-19 be higher than the official fatalities attributed to it so far? Data emerging from the worst-hit places in Europe suggest so. ([Threadreader](#), [direct link](#))

Deutsch

- [Die besten Erklärstücke zum Coronavirus weltweit | DIGITAL PRESENT](#)
- [Wie die Corona-Lage in Österreich überwacht wird - DER STANDARD](#)
- [Corona - Scientific Articles - Wiener Alltag](#)
- [Twitter Thread von @thenausner](#): Das Versagen in Ischgl und das Krisenmanagement der österreichischen Regierung ist nur die halbe Geschichte. Die andere Hälfte ist die Krisenkommunikation und der Schaden, den sie verursacht (hat). ([Threadreader](#), [direkter Link](#))

- [LexCorona](#): Wiki, das eine Übersicht über die in Deutschland im Zusammenhang mit der sogenannten Corona-Krise erlassenen Rechtsakte (Gesetze, Rechtsverordnungen, Allgemeinverfügungen etc.) und Gerichtsentscheidungen bieten soll.
- [Informationen zum Coronavirus \(COVID-19\) des Bundesverbands Österreichischen PsychologInnen](#)
- [„Es geht viel mehr, als uns die Politik weismachen will“](#), Interview mit Martin Sprenger, Addendum

Sewing Masks

Attention: These tutorials/patterns are for non-stretchy fabric. T-shirts are jersey fabric, which is stretchy, so you may need a different pattern.

English

- [Facemask: A picture tutorial](#). Button Counter. Comment by a friend:
 - felt these were more adjustable than some of the more form fitting styles. i made them with straps not elastic because when [my friend] was testing elastic she was having a hard time getting it to fit comfortably
 - i put the mask right sides together with the straps sandwiched inside and serged them
 - If you aren't double layering them then I probably would add layers or pocket for filter. (Unless maybe they are to keep you from spitting at other people)
- [Mask Tutorial on Instagram](#), by sugardale.
 - You need an IG account to see the stories with the instruction. Easy and good to quickly make lots of masks. Doesn't need a printer and is easy to do without a sewing machine.
 - For those without Instagram, [A pattern to print is also available](#).

Deutsch

- [Behelfsmaske selber nähen](#), Burda style.
 - Etwas komplizierter als die oben.
 - Herunterladbares Schnittmuster.
 - Bilder-Nähanleitung
- Gibt 2 Versionen, 1. ist eng anliegend, die 2. ist gefaltet im Einwegmasken-Style.
- **Alle Kommentare sind für die Version 2 (Faltenmaske, die ist universeller von der Passform)**
 - Die Version mit den Falten sitzt sehr gut.
 - Man kann sowohl einen Filter (z.B. Küchenrolle) als auch Drahtbügel für die Nase einsetzen.
Muss man aber nicht, geht auch ohne gut.
 - Angela hat die getestet:
 - Bessere Passform wenn sie 2 cm breiter ist als das Schnittmuster. Angela hat dafür eine größere ausdrückbare Schnittmusterversion gemacht, kann sie auf Anfrage verschicken (nicht online weil Copyright)

Learning, Entertainment and Free Stuff

Having fun is important, and having fun with friends is even better. Here's a few ideas for entertainment on the internet.

Baking Bread

- [Basic Sourdough Loaf Recipe](#)
 - That's Angela's sourdough diary/instructions for the rye starter.
 - It's more experimental/diary style. If you've never made sourdough bread instead look at some basic recipes first. It does make good bread though.

Music

- [Nine Inch Nails released two free albums.](#)

Movies

- [OH YOU PRETTY THINGS](#): Filmmaker [Gary Hustwit](#) is streaming his documentaries free worldwide during the global COVID crisis. Each week we'll be posting another film here. We hope you enjoy them, and please stay strong.
- [New movies that you can stream](#), and [good movies that you can now stream](#).

Games

- [Tabletopia](#): Play tabletop games in the browser, with friends. Lots of free games.
- [Roll20](#) works well for online roleplaying. [They have a post with free modules](#), and [Critical Role also released one recently](#).

Sports

- [Down Dog](#): Yoga app, free until May 1st

Creativity

- [10 Electronic Project Ideas To Do In Self Isolation, Electronics/Music](#)
- Make music with [Native Instruments' free Komplete Start Bundle](#)
- Get into modular synthesis (for free on your computer) with [VCV Rack](#) or [Voltage Modular](#)

Learning

- [Cambridge University Press](#) made a lot of resources available during the pandemic.
- [Liste der Uni Frankfurt](#), welche akademischen Publikationen gratis Ressourcen zur Verfügung stellen.
- [Skillshare](#) has lots of educational videos, and you get two free months if you haven't used it before